



P.E.

Vocabulary Progression



## Two Rivers P.E. Vocabulary

Early Years		Years 1 & 2		Years 3 & 4		Years 5 & 6
<p><b>Taken from EYFS Developmental matters</b></p> <p><b>Moving and handling</b> Pull to stand, stand supported, crawl, bottom shuffle, stepping, walking, transference of objects, walk up/down steps, balance, run, squats, kick a large ball, climbing, slithering, shuffling, rolling, jumping, skipping, sliding, hopping, spatial awareness, change in speed/direction, jump and land, pushing equipment, throwing, patting, catching or kicking, showing a preference</p> <p>Health and self-care Holding own cup, grasping finger food/objects, likes/dislikes, feeding independently, dressing, washing, drying hands, pulling up zippers.</p>	→	<p>Striking, Catching, Own space, passing, shooting, Team, speed, direction, controlling, scoring Travel, stillness, direction, speed, space, body parts, levels, balance, forwards, sideward, Slow, wide, fast</p> <p>Travel, stillness, direction, speed, space, body parts, levels, balance, forwards, sideward, Slow, wide, fast, shape, backwards, roll, jump, stretch, narrow,</p> <p>Striking, Catching, Own space, passing, scoring, hand eye coordination, rolling, pushing, hard, soft, counting, taking turns, positioning Hitting, contact with a ball, hand eye coordination, racket, push, aim, technique, catching, balancing, turn taking, spatial awareness, control</p> <p>Running, jumping, hopping, throwing, rolling, balancing, racing, targets,</p>	→	<p>Possession, scoring, points, goals, pass, send, receive, Travel with a ball, rules, tactics, batting, defending, hitting, marking, use of space,</p> <p>Space, repetition, action, reaction, pattern, rhythm Stretch, pull, spring, still, tall, forwards, low, copy, land, push, step, crawl, slow, long, high, roll, jump, leap, balance, points, patch,</p> <p>Making use of space, pass, send, receive, travel, rules, tactics, fielding, hitting, catching, batting,</p> <p>Possession, scoring, points Making use of space, pass, send, receive, travel, rules, tactics, fielding, hitting, catching, batting,</p> <p>Possession, scoring, points Running, jumping, throwing, relay, baton, team, fast measuring, technique, spring,</p>	→	<p>Keep possession, passing, dribbling, attacking, defending, shooting, support, marking, team play, offside, pitch Dance style, technique, pattern, Rhythm, reaction, variation, unison, canon, action, sequence</p> <p>Muscles, joints, symmetrical, asymmetrical, rotation, turn, shapes, landing, take off, flight, performance, evaluation.</p> <p>Batting, fielding, Bowling, defending, hitting, catching, forehand, backhand, returning, serving, scoring,</p> <p>Running, jumping, throwing, long jump, javelin, discus, hurdles, relay, baton, team, sprinting, high jump, measuring, technique, spring, competitive, engaging, twisting, turning, aiming, direction, leap, hop, skip, jump, pivot, release, starts, finish, take over,</p>