



PHSE – River H SLD 6th Form

1 - INTENT

Students learn about British Values and what makes them an individual, to take responsibility for themselves and feelings and choices. Students study a combined ASDAN and AQA Award 3 year programme.

| Year | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------|--|----------|---|----------|--|----------|
| 1 | AQA Exploring Values: Personal and Everyday Life (sensory) | | ASDAN | | | |
| Assessment | Exploring and experiencing British cultures and customs Sharing British Values Experiencing a charitable event Recognising an appropriate greeting | | Answering simple questions about a range of personal information. Referring to past, present or a future event. Completing a straight forward task following single step instructions Accepting physical help eg hand over hand or indicated a need for help using a sign or symbol. | | | |
| 2 | ASDAN Rights and Responsibilities: everybody matters. | | | | AQA Unit Award 11285 PERSONAL WELL-BEING (UNIT 1) | |
| Assessment | Making choices; what and how they want to learn Requesting help to keep healthy and safe Taking turns during an activity | | | | Listening to a relaxing recording Sensory exploration of two relaxation techniques Making a choice between two relaxation techniques Showing feelings towards a relation technique. | |
| 3 | AQA Feelings and Emotions | | ASDAN Developing self-awareness: All About Me | | | |
| Assessment | Expressing emotions e.g. happy, sad, shock or surprise. Produce a physical representation of emotions. Engaging with a sensory story about feelings and emotions. How others demonstrate emotions through sound and vision. | | Recognising and expressing themselves as an individual through: Listening and relaxation skills Experiencing different therapies Making choices, with support Recognise what makes them individual Express their individuality Recognise how they relate to others | | | |

2 - IMPLEMENTATION - can be seen in subject Mid-Term plans