



(PE) – (Middle School)

1 - INTENT

In (Middle School) students will experience a range of activities which will ultimately lead to completing the OCR Entry Level PE award in year 10. The activities below may change due to the needs of the cohort.

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Activity Areas	Invasion Games Year 10 Fitness		Net Games	Trampoline Climbing Dance	Year 9 - Fitness Year 10 - Entry Level preparation	Athletics / Striking and Fielding
Assessment: 9	Pupils will be assessed at the end of each activity area using teacher, self and peer assessment.					
Assessment: 10	Pupils in Year 10 will be entered for The (OCR) Entry Level Qualification. This comprises of two assessment areas which are explained below. Practical Performances: Learners are assessed in four activities, one team, one individual and then two others of their choice. Analysing Performance: Learners analyse a performance by another learner or themselves in one practical activity and suggest ways that the performance may be improved.					

2 - IMPLEMENTATION - can be seen in subject Mid-Term plans



3 - IMPACT

	Autumn	Spring	Summer
9	Pupils will look to build upon the skills and values developed during Lower School PE. They will participate in a range of activities, focusing on Skill Acquisition, Healthy Lifestyles, Leadership and developing Independence through PE.		
10	Learners will be required to perform effectively under applied conditions, using tactics or compositional techniques as necessary and observe the rules and conventions of the activities. In addition, learners will be required to analyse a performance in order to determine its strengths and weaknesses, and suggest simple ways of improving the quality and effectiveness of the performance.		

SUPPORT – You can support your child’s learning

Ensuring that your child brings PE Kit and a bottle of water to every lesson.

Supporting your child in attending extra-curricular clubs.

Encouraging participation in sport by joining local sports and recreation facilities and clubs. Many can be found on the following websites:

<https://www.tamworth.gov.uk/sports-activities>

<https://sportacrossstaffordshire.co.uk>