



What is Career Guidance?

Career guidance is the process of helping individuals understand their strengths, weaknesses, interests, and abilities to make informed career choices.

It goes beyond just picking a career—it's about planning a fulfilling professional journey based on personal values, skills, and aspirations.



Careers



Journey



Dreams



Skills



Support

Why is Career Guidance Important?



Advice



Important

Self-Discovery:



- Career guidance helps students understand their own strengths, interests, and skills. It enables them to explore different paths they may not have considered before.

Informed Decisions:





- With the help of career guidance, students can make well-researched decisions that are the right ones for them personally...
...rather than following trends or societal pressures!


Reduces Anxiety:





- Many students feel anxious about their future. Career guidance helps them understand that they are not alone and that there are structured paths to success.

? can
How can

guidance at
 

2 Rivers


help me?
 

Career Roadmap



Keep Growing

Learn, adapt, and move forward.



 NEXTSTEP

Build Skills

Which careers match your skills?



Get Experience

Apply your skills in real situations.

Know Yourself

Understand your strengths and interests.



Set Goals

Define where you want to go.



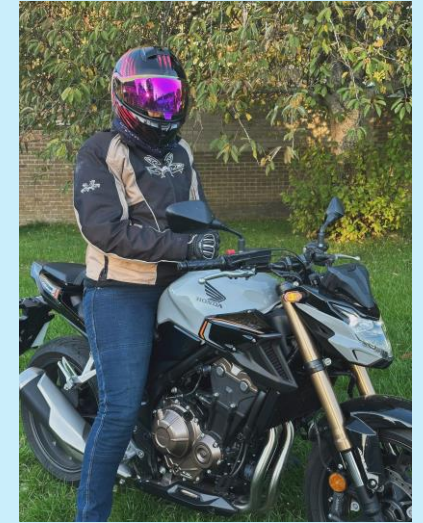


Louise is here to offer us careers advice and guidance.



"Hi my name is Louise.
I work for a company called Seetec, as a career adviser.
I go into lots of schools offering students advice on their career pathways.
I offer each student individual advice and support."

"I am mum of two boys and two fur babies.
In the picture you can see Rocket and Monty.
I love a challenge and my last one was passing my motorbike test."



This is me on my motorbike.



When Do I Get Career Guidance?

Louise will visit TRHS lots of times each year

- You might see Louise in Assemblies or at Parent Events
- You can pop for a chat with Louise, on your own or with your friends, during lunchtime on the days she is here
- When you are in Year 9 or Year 10 you will have your own personal guidance chat with Louise
 - When you are in Pioneers you will have another personal guidance chat

These personal chats are to help you understand where your interests, favourite subjects and skills might lead you in the future and where you could potentially transition to after life at TRHS.

BITESIZE

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More

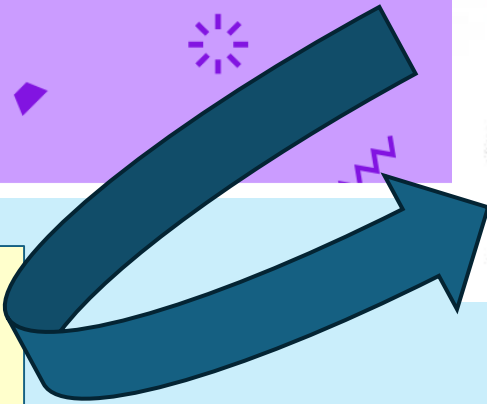
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Careers

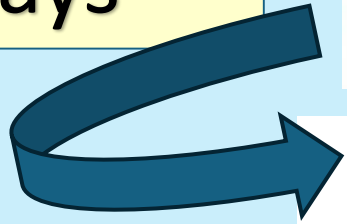
Whether you're deciding what to study, planning your future career or just curious about the world of work, we're here to help with advice from experts and from young people who've found a path that suits them.



Look Online



Look in person, go to open days



Next open day:



Everyday In school I can speak to...

My form tutor:

They can discuss my plans and choices in my Annual Review and guide me to understand how my employability skills, interests and personality might link with my next steps.

Mrs. Guest:

She is the senior leader for Careers Education and Guidance at TRHS. She has lots of information about next steps and opportunities.

Mrs. Fitzpatrick:

She is out jobs coach and will help to support us with work experience.

Mrs. Bradbury:

Is in charge of transitions and can speak to colleges or providers as well as help you and your parents with applications for your transition.

Mr. Brandrick:

He is Head of Pioneers so can help me to access information about my transition as well as give me tips on how to manage my wellbeing.

Subject Teachers:

Can tell you which jobs link to your subject and how to use your subject skills in the World of life and employment.