



Two Rivers Primary School News

Diary Dates:

Tuesday 2nd, Wednesday 3rd & Thursday 4th December
Christmas Production

Friday 5th December
B3 trip to Ash End Farm

Monday 8th December
Y2 Trip to Winter Wonderland

Tuesday 9th December
Y1 & 3 Trip to Snowdome

Wednesday 10th December
R1,2 & 3 Trip to Snowdome

Thursday 11th December
Christmas Jumper Day

Monday 15th December
Elf Day Christmas Fair

Tuesday 16th December
KS2 and Yellow 4 Christmas Dinner

Wednesday 17th December
KS1 and Sensory Classes Christmas Dinner

Friday 19th December
Class party day.
End of Term

Monday 6th January
Inset day – School Closed to pupils

You will receive more information about these events nearer to the time.

Issue 4 November 2025

Headteacher's message

Dear Parents and Carers

As we move into the final weeks of the autumn term, I am delighted to share some of the wonderful experiences our school community has enjoyed recently.

Earlier this month, we came together as a school to mark **Remembrance Day**, reflecting on the importance of remembering those who have served and sacrificed. It was a meaningful occasion for our pupils and staff alike.

We also felt truly **honoured to represent Two Rivers Primary School during Princess Kate's visit to the National Arboretum**. Being invited to take part in such a significant event was a privilege, and our pupils represented the school with pride.

In addition, some of our classes had the opportunity to visit the theatre. This was a fantastic experience for the children - enjoying live entertainment and sharing the joy of being together outside the classroom.

Looking ahead, we are excited for the **festive season!** Our **Christmas production** is always a highlight of the year, and we hope to see you there to celebrate with us. It promises to be a wonderful occasion filled with joy and creativity.

Finally, a reminder that **school will close for the Christmas break on Friday, 19th December**, and we will return in the new year on **Tuesday, 7th January for all pupils**.

Thank you for your continued support. We look forward to sharing more special moments with you as the term draws to a close.

Laura Slinn Headteacher



Early Years

We began November with Bonfire Night celebrations and enjoyed mark-making using different tools and media to create colourful patterns. We also launched our own rocket on the playground and loved the bubbles it created as it flew up into the air!



We have also participated in World Nursery Rhyme Week and enjoyed lots of activities linked to some of our favourite songs. We made marks to The Wheels on the Bus, jumped with 5 Little Monkeys on the trampoline and enjoyed water play with 5 Little Ducks. The children also enjoyed using the interactive board to choose and activate nursery rhyme animations.





Finally, we continue to build familiar activities into our weekly routine, including Attention Autism sessions, our Therapy Afternoon and Forest School sessions. Amy has also created a lovely new outdoor library each Wednesday afternoon and the children have enjoyed choosing a book to take home or share with the adults at school.





Red 1&3

We have had a busy few weeks since half term, exploring different important events that have occurred.

We have explored Remembrance Day with a visit from the National Arboretum, decorating stars and they shared a sensory story with us. We also made poppy wreaths to display





In RE we have celebrated Diwali, the festival of light. We made Rangoli patterns on the computer and by using coloured rice.



We have enjoyed MFL week, exploring France, Germany, Italy and Spain and trying foods from each country. We have enjoyed sensory stories, crafts and music to help us explore these different countries.







Red 2

We have had a lovely half term so far in Red 2. We are enjoying our new topic all about space. So far we have enjoyed sensory stories and lots of fun multi-sensory activities linked to space and the planet



We have joined in with various whole school events, beginning with anti-bullying week. Red 2 enjoyed joining in with odd socks day to support this, where we also explored bright colours practically and created our own design for socks using bright paint dabbers.



We have also celebrated MFL week at school, where we have enjoyed exploring a different country every day. Highlights from this include creating flags and exploring cuisine's from around the world - tres bien Rouge 2!

We are really looking forward to celebrating Christmas together with our class and our families and look forward to you coming to watch us in the Christmas show.

We hope you enjoy looking at our photos to see all the fun we have had.





Yellow 1

We have had a lovely half term so far in Yellow 1 and have enjoyed lots of activities based on our new topic 'Frozen Planet'

In Geography we have been learning about seasons and have sorted key pictures and features according to the season they are linked with.



In Art we are looking at creating abstract winter landscapes with paint, in the style of David Hockney. We have begun by experimenting with colour mixing and brush strokes.



Tunnel In Winter,
David Hockney



In Science we have been looking at habitats. We have learnt that a habitat is an animals home and have sorted animals into key world habitats. We will continue to look at the features of animals and how they are suited to their habitat.



Elsewhere, in our 'My Happy Minds' lessons, we have been looking at our character strengths. The children identified and created signs for the 5 character strengths and after a discussion identified which strength they think they are really strong at. We are so proud of Yellow 1 and all of their brilliant character strengths.



We have been practising a lot for our Christmas dance in the production and can't wait for you to see! We hope you enjoy looking at these photos to show all of the hard work we have been doing in school.



Yellow 2

This month in Yellow 2 we have been engaging well with our topic of celebrations. We have explored Remembrance Day, Children in Need, MFL week (where we enjoyed exploring Germany, France, Spain and Italy) and Bonfire Night. We have also enjoyed visiting Pooley Park as a part of our community visits. We have been busy practising for our Christmas Production and enjoyed winter themed Attention Autism sessions.





Yellow 3

November has been another busy and fun month in Yellow 3! We have loved our topic 'Frozen Planet' and have met lots of Arctic animals along the way.

In English we have read some great books – Say Hello to Snowy Animals, Postman Bear and Dear Santa! The children enjoyed meeting lots of Arctic animals and choosing their favourite one. They also loved receiving a postcard from a polar bear and writing a reply back to him. Today we wrote letters to Santa and asked for our favourite things!



In maths we have been exploring subtraction, measuring and number bonds. Children have had lots of fun counting and building tower blocks and we linked this to our work about Remembrance Day.





Science has been exciting because we have been looking at the different habitats that animals live in and we have focused on the Arctic to link to our topic. Children have learnt lots of facts about Arctic animals and have even freed some animals who got stuck in the ice!

In history we found out about Guy Fawkes and why we have Bonfire Night. On Remembrance Day we watched a beautiful animation of a young rabbit hopping through the poppies and had a minute of silence. Children all added a flower to our remembrance wreath.



We always love getting arty in Yellow 3 and we have learnt about the artist David Hockney – like us, he uses lots of colours and shapes.





Yellow 4

Yellow 4 have enjoyed exploring their topic of Frozen planets. We really enjoyed our wow starter day! We painted with ice, we enjoyed moving like different animals in our movement and music lesson and we loved our Sensory story!



Yellow 4 have also enjoyed going on lots of Community Visits this half term and have been working hard on our independence skills. We have enjoyed going to the Park, we have been to Parky's Farm to use the self-serve machines to have a milkshake and we have also enjoyed a trip to a local garden centre to see the Christmas lights.





In science we have been working hard on our topic of habits. We explored different habitats through the story "We are going on a Polar bear hunt!" We also sorted different animals into the habitats that they live in.





Blue 1

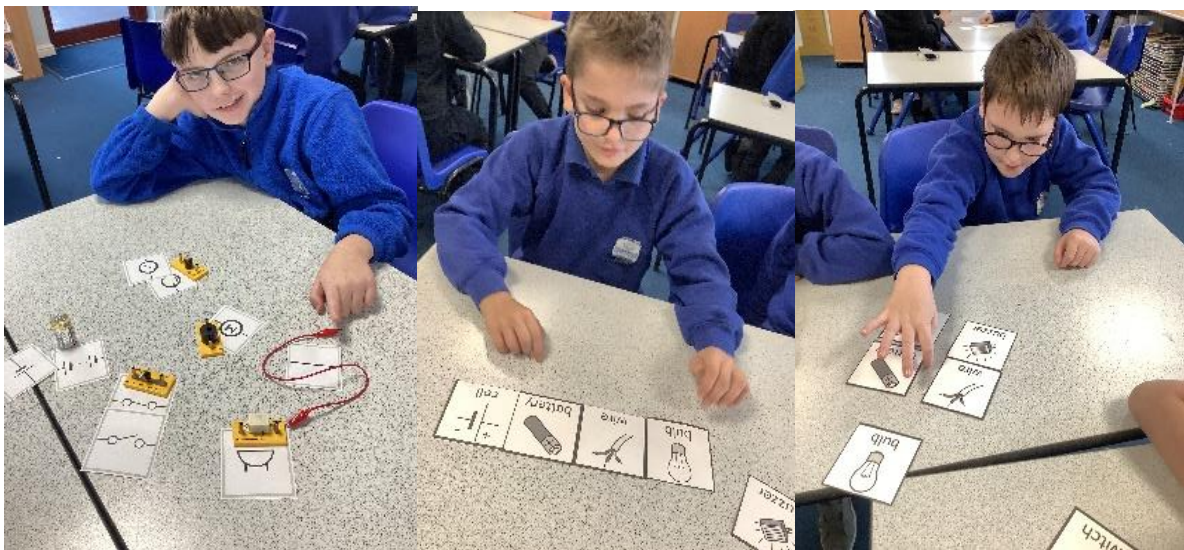
Lights, Camera, Action

Our topic this term is all about the history of film and cinema. We have been exploring how movies have changed over time and explored some iconic moments in film history. To celebrate, we held our very own cinema afternoon complete with cinema snacks. It was the perfect opening to our blockbuster topic!



Blue 1 Science

This term, Blue 1 have been exploring the fascinating world of electricity! We learned how circuits work and even built our own simple circuits using wires, bulbs, and batteries. The children were thrilled to see their bulbs light up as they completed the circuit. It was a hands-on way to bring science to life!





English and Drama

In English, we have focused on speech and how it brings characters to life. The class worked together to create their own play scripts, creating characters and adding dialogue. Alongside this, we have been practicing very hard for our upcoming play. Everyone has enjoyed acting out their scripts and watching their friends perform. We have had so much fun combining creativity and teamwork!



Remembrance Day Celebrations

With special visitors from the National Arboretum, we celebrated Remembrance day through interactive stories, arts and crafts, and holding a 2 minute silence.





Blue 2

We have had a lovely half term so far in Blue 2. We are enjoying our new topic 'Winter – festival of lights'.



We began this topic by using all of our senses to explore fireworks – linked to Diwali and bonfire night. We also created some fireworks pictures by following key step instructions and choosing colours.



We then continued to explore important events through Remembrance Day. We took part in a sensory story which told the key facts about remembrance; created a class wreath and participated in remembrance day events with the wider school community in the hall.





We have also celebrated MFL week at school, where we have enjoyed exploring a different country every day. Highlights from this include painting flags and landmarks such as the Eiffel tower and leaning tower of Pisa, as well as exploring cuisine's from around the world!



We are so looking forward to celebrating Christmas together with our class and our families and look forward to you coming to watch us in the Christmas show.

We hope you enjoy looking at our photo



Blue 3

Bonfire Night

We loved learning all about Bonfire Night, creating firework pictures and making delicious edible sparklers. We LOVED the melted chocolate. We spoke lots about how to stay safe around this special time of year.



Playscripts

In English we have been crating our own plays using puppets and starting to record using our voice on talking tins and writing speech in bubbles.





Wonderful Colour

In Art we have been looking at the work of Mary Blair a fantastic Disney artist. She loved using bright colours for happy time and darker colours for sad times. We explored shades of the same colour by mixing paint.



Circuits

In science we have been learning all about circuits. We have named and labelled the important parts to complete a simple circuit. We even explored an energy stick.





Blue 4

Blue 4 have started their new topic of lights, camera, action. For this topic we are looking at the history of cinema. For our wow starter we turned the classrooms into a cinema where they were able to watch films and eat typical cinema snacks such as popcorn.



In Science we have been looking at circuits, the children have been creating their own and enjoyed exploring different ways to make circuits and seeing what will happen when we add extra bulbs and batteries.





We celebrated Remembrance day. Everyone went down into the hall where they were able to make their own poppies and learn about Remembrance day and why it is so important



Blue 4 have taken part in MFL week where we looked at different countries. We looked at different facts about the countries and learnt some words in their language. Blue 4 then tried some of the food that the countries are known for





Safe and Well News with Richard and Sue

Our names are:



Richard Bryan,
Designated Safeguarding
Lead



Sue Forest,
Family Liaison



With Christmas fast approaching and many of you buying toys for your children here are our Top 10 Tips for Toy Safety.

1. Buy toys only from reputable outlets - look for the CE symbol or a UKCA mark
2. Make sure the toy is suitable for the child – check the age range and look particularly carefully at suitability of computer games for older children
3. Be particularly careful with toys for children under three
4. Be wary of young children playing with older children's toys
5. Check for loose hair and small parts, sharp edges and points
6. Ensure that garden swings and slides are robust and are not a hazard
7. Check toys regularly for wear and repair or dispose of them where necessary
8. Keep play areas tidy
9. Follow the instructions and warnings provided with the toy
10. Always supervise your children when they are playing

If you are buying electronic devices for you children please make sure that you set them up so that your child can stay safe when they are online.

See the useful guide on the next page to help you with this.





At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about SETTING UP APPS, GAMES AND SOFTWARE

Millions of new phones, tablets, laptops and games consoles will be nestling under Christmas trees this year. However, even if parents and carers have gone to the trouble of setting up these new devices and enabling the safety features, there are still potential hazards in the apps, games and software that children will want to install and use. Knowing what to look for and discussing those risks with your child may help avoid any nasty surprises this Christmas. Here are our top tips for ensuring that unwrapping this year's presents doesn't unleash any unexpected dangers.

TAKE NOTE OF AGE RATINGS

Back when most games were bought in shops, checking the age rating was easy: it was on the front of the box. Now that most games are downloaded, it's tougher – but not impossible. All reputable download stores show a game's age rating at the point of purchase, and you can check the suitability of a specific title your child wants to play at videostandards.org.uk/RatingBoard/games.



'FREE' ISN'T ALWAYS FREE

The games market has changed radically in recent years. Many titles are free to download, but then tempt players to pay for cosmetic items (as in Fortnite) or to unlock additional content. There can be huge peer pressure for children to pay for these items. Agree a budget for in-game purchases before the game is downloaded, and make sure children can't authorise in-game purchases by themselves.

DISABLE IN-APP PURCHASING

It's not wise to leave children with devices that can make in-app purchases without your permission. Ideally, set up computers, consoles and phones so child accounts need an adult's authorisation to buy anything. On shared devices (like iPads, which don't allow user accounts), check the settings to ensure that in-app purchasing requires the account holder's password, fingerprint or face ID.

CHECK THE SPECS

To avoid let-downs, check a game's specs before buying – especially for PC or Mac, where games often need a particular graphics chip or processor to work. Sites like systemrequirementslab.com can scan your computer to see if it will run certain games properly. On consoles, make sure you're buying the right version: some newer Xbox or PlayStation games won't play on older consoles.

MONITOR IN-GAME COMMS

Voice chat with friends is part of the fun of modern gaming – but danger lurks here too. Many titles have open chat systems, meaning that children could speak to strangers or hear adult language and verbal abuse when games get particularly competitive. Using a shared family area (as opposed to alone in bedrooms) for online gaming is a good way to keep an occasional ear on what's being said.

BE WARY OF GIFTS

Titles like Roblox, Minecraft and Fortnite have in-game currencies, which can be earned through progress in the game – but can also be bought with real money. A common scam is for a young player to be offered currency if they click a link, visit a certain site or contact another user directly. Warn your child about such offers: they should show you if they're in any doubt over an in-game gift.

APPS ARE AGE RATED, TOO

Like games, apps in the major stores have age ratings, too – so you can see in advance whether an app's appropriate for your child. Additionally, phones' parental control settings allow you to set age limits, preventing young ones from downloading unsuitable apps themselves. These ratings aren't infallible, however: we've seen TV apps featuring adult shows with an age rating of 3, for example.



CONSIDER STORAGE

Most apps and games will tell you in the online store how much space they need on a device. Check this carefully – especially with games, which can run into hundreds of megabytes and beyond. If you don't have enough free storage on a device to run the game or app, you won't get a refund from the store. You can normally check a device's available storage space through the settings menu.

WATCH OUT FOR IMITATORS

Even in the official stores, untrustworthy rogue apps can slip through the net. Common tricks are apps or games that have a slightly different name to the genuine article (Fortnight rather than Fortnite, for instance) or use logos which deliberately look very similar to the official app. To avoid downloading these imitations, read the app's description and check who the publisher is listed as.



LEGAL APPS THAT BREAK THE LAW

There are many apps that are perfectly legal but enable illegal activity: streaming apps which let people watch football matches, say, without paying for Sky or BT Sport. Prosecution for using such apps is rare, but they can lead to risky behaviour like viewing rogue streams on sites teeming with malicious links. Watch for children installing unusual apps with 'TV', 'stream' or 'sport' in the name.

IN-APP REGISTRATION

It's common for apps and games to ask users to register: entering personal details like email address, date of birth and other information you might not want your child to divulge. Ask them to get your permission before giving any personal info to an app – and consider using your details rather than the child's, so they're not targeted by marketing spam or put at risk of having their data stolen.

STAY UPDATED

Most games and apps are subject to regular updates, which not only offer new content and features but also provide critical security improvements. Children tend to ignore such updates – usually because they don't understand why they're important, or they simply want to get straight on with gaming. Check your child's devices periodically to make sure these updates are being installed.

Meet Our Expert

Barry Collins has been a technology journalist and editor for more than 20 years, working for titles such as the *Sunday Times*, *Which?*, *PC Pro* and *Computeractive*. He's appeared regularly as a technology pundit on television and radio, including on *Newsnight*, *Radio 5 Live* and *ITV News at Ten*. He has two children and has writes regularly about internet safety issues.





Button Batteries are a particular risk!

Be Aware!

Button Batteries power everyday objects like car key fobs, remote controls and children's toys. Did you know that if they are swallowed they react with saliva and can badly injure or kill a child?

To keep your children safe:

- Store spare batteries securely, out of reach.
- Know which toys/gadgets use button batteries.
- Dispose of 'dead' button batteries immediately and safely - they still have enough power to do harm.
- Teach older children the dangers - why they shouldn't play with them or give them to younger children.
- Place strong tape over the battery compartment or remote control.
- Symptoms may not be obvious. They include coughing, gagging, drooling or pointing to their throat or tummy.

BREAKING NEWS
Magnets can burn a hole in your child's gut!

- Super strong magnets, like these, can cause serious damage to your child's insides if they swallow them.
- They can join together and make holes in their gut. Removal can be difficult and need complex surgery.
- They can be in toys, jewellery, fridge magnets or cheap products bought from online marketplaces. They can be 10 times stronger than is safe.

⚠ If your child may have swallowed magnets, don't delay! ⚠
Call 999 for an ambulance or go straight to A&E. Symptoms can seem like a stomach bug or appendicitis.

www.capt.org.uk/magnets [@ChildAccidentPreventionTrust](https://www.facebook.com/ChildAccidentPreventionTrust)

 **BAPS** | British Association of Paediatric Surgeons

 **child accident prevention trust**

If you think your child has swallowed a battery, take them straight to the nearest A&E department or call 999 for an ambulance.



Remembrance Day

Two of our pupils were honoured to attend the Remembrance Day event at the Arboretum. This exclusive, invitation-only occasion was a truly VIP experience. Our pupils took part in a moving service of remembrance and had the opportunity to meet veterans and listen to their stories. They were even fortunate enough to be part of a special audience with the Princess of Wales!





Therapy Dog - Mona

Mona has been spending more time in school learning about her environment and surrounding. She has been practising sit, down, paw and leave.





Wellbeing

With the festive period approaching we would like to share some top tips for a calm and happy Christmas.

Top Tips for a Calm and Happy Christmas



The festive season is exciting, but it can also feel overwhelming for some children. Here are five simple tips to help keep things positive and calm over the holidays:

1) Keep Some Routine

Christmas often brings changes to our usual schedule, which can feel tricky for children who like predictability. Try to keep the basics the same—regular mealtimes and bedtimes can make a big difference. A little structure helps children feel safe and secure.

2) Talk and Listen

Feelings at Christmas can be mixed—joy, excitement, or even worry. Make time to talk with your child and listen carefully. Let them share how they feel without judgment. This builds trust and helps them feel understood.

3) Manage Expectations

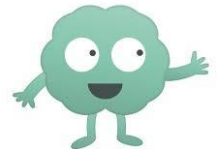
It's easy for children to imagine a "perfect" Christmas. Chat about what will happen—family visits, presents, and any changes to routine. Focus on fun experiences rather than gifts. If things don't go exactly to plan, remind them that it's okay. This helps build resilience.





4) Try Mindful Moments

Mindfulness can help children feel calm and in control. Here are some **myHappyminds-inspired activities** you can try at home:



- **Take 5 Breaths:** Sit together and take five slow breaths in and out. Count them aloud to make it fun.
- **Gratitude Jar:** Write down things you're thankful for and pop them in a jar. Read them together on New Year's Eve.
- **Happy Breathing:** Imagine blowing up a balloon as you breathe in, and slowly let it out as you breathe out.
- **Mindful Colouring:** Print a festive picture and colour slowly, noticing the colours and patterns.
- **Positive Self-Talk:** Encourage your child to say, "I am kind," "I am loved," or "I can do this."

These simple practices help children feel calm, build resilience, and strengthen emotional wellbeing.



5) Enjoy Time Together

Above all, Christmas is about connection. Whether it's playing a game, reading a story, or just sharing a cuddle, these moments matter most





As part of working with myhappyminds team in school and in the wider community we were invited to attend the ceremony for receiving the Kings Award for Wellbeing.



As a school we have been looking at our Character Strengths in our sessions you can also find this on the parent app

School Council

School council have met and they will be sending out a survey to the school about what food they would like to see at our Tuck Shop which will begin in January 2026





Sign of the Week



to try

To Try

To try, forefinger moves away from body.

You can see how to do the sign here:

<https://www.youtube.com/@makatoncharity>

Whole Class Attendance

Group	% Attend
PURPLE	92.1%
RED 1	90.6%
RED 2	89.5%
RED 3	84.9%
YELLOW 1	90.1%
YELLOW 2	91.3%
YELLOW 3	96.9%
YELLOW 4	97.9%
BLUE 1	95.4%
BLUE 2	97.9%
BLUE 3	94.7%
BLUE 4	93%

Congratulations to:

Yellow 4 & Blue 2



You have the best

Attendance for November





Endeavour Multi-Academy Trust - Update



Endeavour Multi Academy Trust
Tynacre Hill, Compton,
Wolverhampton WV6 8DA
Tel: 01902 761889
Email: info@endeavourmat.co.uk

28 November 2025

Dear Families,

I am writing to communicate an update regarding the leadership structure of Endeavour Multi-Academy Trust.

Following the recent resignation of our Chief Executive Officer, the Trust has made a strategic leadership appointment to ensure continuity and stability. I am pleased to inform you that Gail Brindley, who is currently the Headteacher at Two Rivers High School, has been appointed as Interim CEO, effective from January 2026 and continuing until August 2026. This appointment emphasises our commitment to maintaining robust and consistent leadership throughout our educational community.

We appreciate your continued support during this period of transition.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Stephen E Crane'.

Stephen E Crane

Endeavour MAT Trustee
Chair of Trustees
Chair, Finance Committee



New Ofsted Grading System

Changes have been made to how our school is monitored. We have included the below guide to help keep you up to date with these changes.



Previous Framework

Under the previous 'Education Inspection Framework', schools were evaluated across these areas:

- Quality of education
- Behaviour and attitudes
- Personal development
- Early Years (where applicable)
- Sixth form (where applicable)
- Leadership and management

The previous series of judgements ranged from 'inadequate' to 'outstanding'.

Inadequate	Requires improvement	Good	Outstanding
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New Framework

From November 2025, a new Education Inspection Framework came into effect. Under this updated framework, schools will be assessed against a broader set of criteria than before. These areas of evaluation now include:

- Safeguarding
- Inclusion
- Curriculum and teaching
- Achievement
- Attendance and behaviour
- Personal development and well-being
- Early years (where applicable)
- Post-16 provision (where applicable)
- Leadership and governance

Alongside the new framework, a revised evaluation system has been introduced. Instead of using the term 'judgements', schools will now be awarded 'grades'. These grades range from 'Urgent Improvement' to 'Exceptional'.

Urgent improvement	Needs attention	Expected standard	Strong standard	Exceptional
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Additional information:

- 'Safeguarding' will be graded as either 'Met', or 'Not met'.
- Under the previous framework, achieving a 'Good' judgement was based on a best-fit approach. This meant that a school did not need to meet every single criteria to be awarded the 'Good' judgement. In contrast, the new framework introduces a 'secure fit' model for the 'Expected standard' grade. Schools must now meet all the specified criteria to achieve this grade. As a result, the 'Expected standard' represents a higher benchmark than the former 'Good' judgement.
- The new 'Strong standard' grade is broadly comparable to the previous 'Outstanding' judgement. The introduction of the 'Exceptional' grade sets an even higher benchmark, representing a level of excellence beyond what was previously considered 'Outstanding'.



GUIDING YOUNG VOICES TO MAKE A DIFFERENCE

Bullying impacts the lives of many young people. In the UK, one in five pupils aged 10 to 15 report being bullied. The effects can be long lasting, affecting mental health, school attendance and self-esteem, and can impact long-term development into adult life. Adults play a key role in building young people's confidence to speak out, support one another, and stand up to unkind behaviour. This guide offers ways to help youngsters make a positive difference.

1 CELEBRATE DIFFERENCES

Help young people value diversity by showing that what makes us different is also what makes us strong. Encourage them to learn about different cultures, identities, and abilities through books, films, and conversations. By appreciating uniqueness in themselves and others, children can grow into open-minded individuals who build inclusive and welcoming environments.

2 MODEL RESPECT

Children watch and learn from how adults behave. Use respectful language, show patience in disagreements, and treat others with fairness – especially in front of children. By modelling inclusive behaviour and challenging unkindness, adults set a leading example that respect should be part of every interaction, whether online, at school, or at home. Be the change you want to make.

3 SPOT THE SIGNS

Adults and young people should learn how to recognise signs that someone may be experiencing bullying. This might include withdrawal from friends, hobbies or interests, changes in mood, reluctance to go to school, or unusual injuries. Helping young people recognise these cues ensures that support can be offered sooner and problems do not go unnoticed.

4 VALIDATE FEELINGS

When a child shares something that worries them, it's important to listen carefully and validate how they feel. Respond with empathy – not judgement – and let them know it's okay to feel upset or confused. Offering reassurance and understanding helps young people feel safe about opening up, and builds the trust needed to talk again in future.

5 TEACH ALLYSHIP

Show children how to stand up for others in safe, respectful ways. Allyship might look like sitting next to someone who's been excluded, reporting hurtful behaviour, or speaking up when they witness bullying. By practising these responses together, you're helping children develop the courage to be kind and to take action when it really counts.

6 PROMOTE REPORTING

Ensure young people know how to report bullying and feel confident that they'll be taken seriously. Talk to them about who they can speak to and what to expect when they do, such as reporting school incidents to teachers, and out-of-school bullying to parents or teachers. Reassure them that reporting is a brave and helpful choice – not tattling – and that it plays a vital role in keeping everyone safe.

7 ENCOURAGE KINDNESS

Everyday acts of kindness can make a big difference in creating safer, happier spaces. Encourage children to look out for one another by being helpful, saying kind words, or including someone who feels left out. These small actions set a strong example that kindness matters, and that it can be a powerful response to bullying.

8 USE YOUR VOICE

Encourage young people to speak up for themselves and others. Whether through storytelling, school campaigns, or peer-led projects, children can learn that their voice has power. Support them to express themselves confidently and safely, helping them understand that sharing experiences can challenge injustice and inspire real change in their communities.

9 BUILD COMMUNITY AND BELONGING

Children thrive when they feel supported. Help them build strong friendships, join clubs or teams, and connect with trusted adults who care. These networks offer comfort, encouragement, and protection – particularly during challenging times. Remind children that they don't have to face difficulties alone and that support is always within reach.

10 SUSTAIN THE CONVERSATION

Bullying awareness shouldn't be limited to one week each year. Create regular opportunities to talk about kindness, respect, and inclusion. Use books, news stories, and personal experiences as conversation starters. Embed anti-bullying initiatives into the school, and make tackling bullying a shared, ongoing commitment.

Meet Our Expert

Robert Allsop is an experienced pastoral and safeguarding practitioner, specialising in tutorials, behaviour interventions, and attendance management. A recipient of the Diana Award for Anti-Bullying, he has helped raise standards and improve Ofsted outcomes in some of the country's most challenging schools and colleges.



#WakeUpWednesday

The National College



BBC
CHILDREN
IN NEED

THANK YOU

Two Rivers Priamry School

for raising

£176.29

**THE MONEY YOU HAVE RAISED WILL HELP TO
MAKE LIFE LIGHTER FOR CHILDREN**

