

**SUMMER TERM
2024 V19**

Tamworth DISTRICT

**Tamworth Family
Hub Activities**
Timetable for children
under 5 years



Family Hub - Glasgote
Hawksworth, Tamworth,
B77 2ER
01827 475222

Family Hub - Leyfields
Masefield Drive, Tamworth,
B79 8JB

Family Hub - Basin Lane
Basin Lane, Tamworth,
B77 2AH



Please visit our
Facebook page to
find a full
description of
the sessions



'Tamworth Family Hub'

**Staffordshire
County Council**

SATURDAY

Shining Starz—Play Your Way

Family Hub - Glasgote

FREE monthly activity and play session for children with additional needs and their families! We offer a safe space, which allows freedom to explore resources and play their own way in a non structured environment. For dates and to book email: shiningstarzqfh@gmail.co.uk



MONDAY

Home-Start Family Group & Outdoor Fun!

Family Hub - Leyfields

Meet other families for support, music, craft and sensory play.
9.30-11.00 **TT**
Birth-Pre-School £3.00 per child **FPC**
Tel: Amanda 01827 62400

Baby Massage

Family Hub - Glasgote

Learn how to massage your baby in a relaxed environment, communicating love through nurturing touch.
Booking required.
10.00-11.00 Ages 0-1 yr old
£30.00 5 week course
FPC £5 per course
Tel: Natalie Wadlow 07782383663
Email: natalie.wadlow@yahoo.com



MONDAY CONT

E&K Themed Play "Stay & Play"

St Peters Church, Glasgote

Luxury themed soft play with a different theme each week, as well as our 15ft bouncy castle and a range of ride on toys. To encourage physical development, fine motor skills as well as social interaction with other children. Also, a chance for parents/ carers to meet new people
Booking required.
10.30-12.00 **TT** £5.00 per child **FPC**
Text: Kate 07557887581

FREE Pram to Primary

Family Hub - Glasgote

Struggling with your child's behaviour, mealtimes and bedtimes becoming a challenge? If your child is aged between 0-11 yrs then this class could be for you. Booking required.
9.00-11.30 **TT** Free **FPC**
Email: groupwork@staffordshire.gov.uk

FREE Simply Play

Family Hub - Glasgote

Fun activities, try new sensory ideas and early language activities. **TT**
Booking required.
Birth—4yrs
Session start between 12.00-14.00
Free **FPC**
groupwork@staffordshire.gov.uk



TUESDAY

The Freedom Programme

Family Hub - Basin Lane

A 12 week support group for any women fleeing or who have experienced domestic abuse.
9.30 - 11.30
Email: ehitamworth.gov.uk
Tel: 01827 782004

Mother & Baby Yoga

Family Hub - Glasgote

Join Jemimah for these welcoming sessions which offer time for you to breathe, move and stretch and have fun with baby through massage, movement and song. Relaxed sensory play and community support.
10.00-11.00 Age 8 wks-crawling
£39.00 6 week course £7.00 weekly
FPC £9 per course Booking required.
Tel: Jemimah England 07704200702
Email: info@jemimahlouise.com
Facebook: @jemimah_louise

Baby Massage

Family Hub - Leyfields

Learn how to massage your baby in a relaxed environment, communicating love through nurturing touch.
Booking required.
10.00-11.00 Ages 0-1 yr old
£30.00 5 week course
FPC £5 per course
Tel: Natalie Wadlow 07782383663

Home-Start Twins & Multiples Club

Family Hub - Glasgote

Meet other multiple families for support, sensory, music, craft and outdoor play. Booking required.
10.00-11.30 **TT**
Birth-Pre-School £3.00 per child **FPC**
Tel: 01827 62400



TUESDAY CONT

Free Basic Paediatric First Aid Workshop

Family Hub - Leyfields

Interactive workshop to teach families the basic skills of First Aid. Covering choking, breathing difficulties, burns/scalds and minor cuts/bruises. Booking required.

Monthly Sessions, 12.00-14.00

Tel: 01827 475222

Email: Carol.Page@southstaffs.ac.uk

Musical Babies & Toddlers

Family Hub - Glascote

Friendly, interactive class with lots of songs, raps and rhyme! Plus sensory play, bubbles, feathers, scarfs and parachute play. Outdoor and free play too!

Booking required.

12.40-13.40 Babies to pre-walkers

14.00-15.00 Ages birth-5yrs

£5.00 per family **FPC**

Tel: Hilary 07546165595

Email: hilaryhokeycokey@yahoo.com

WEDNESDAY

Hokey Cokey Club

Family Hub - Glascote

Friendly family group with lots of songs, messy, sensory, craft and outdoor play. Booking required.

9.30-10.45 & 11.30-12.45 Birth-5yrs

£5.00 per family **FPC**

Call or text Hilary on 07546165595

Email: hilaryhokeycokey@yahoo.com



WEDNESDAY CONT

Strawberries Childminder Stay & Play

Family Hub - Leyfields

Are you a childminder who's looking for somewhere to stay and play, or are you a family looking for a new childminder and would like to meet some. 9.30 - 11.00 Booking required.

£1.00 per child - snack included **FPC**

Tel: Chelsea 079954102196

Sing and Sign

Family Hub - Glascote

Learn the magic of baby signing in a friendly, fun and easy way. Sing and Sign uses music and sensory activities to encourage early communication. Booking required.

12.45-13.30 Stage 1 - 6-15 months

£75 for 10 Weeks or **FPC £25**

13.45-14.30 Stage 1 - 6-15 months

£75 for 10 Weeks or **FPC £25**

14.45-15.15 Babes - under 6 months

£33 for 5 Weeks or **FPC £8**

Tel: Nadia 07449459712

Web: www.singandsignnadia.co.uk

Kiddibops Music Play Classes

Family Hub - Leyfields

Bang our drum, play instruments and sing in our play-based learning class. Support your child's musicality, speech & social development. Led by Music Educators. Booking Required.

12.30-13.10 Babies - Pre-walkers

13.20-14.00 Walkers - pre-school age

14.20 **SEND Music-Play Support**

Structured Music-Play classes specifically for families with children with SEND who would like a friendly, supportive and inclusive class that will support their children's learning needs. All classes £6 block booking or

£7 PAYG - Sibling discount **FPC**

Babies under 3mths free when

accompanying a paid sibling.

Tel: Rachel 07807551661

Email: info@kiddibops.co.uk

<https://kiddibops.class4kids.co.uk/>

WEDNESDAY CONT

In It Together: Parent & Carer SEND support group

Family Hub - Glascote

Join us for a cuppa and a chat. Make friends, share experiences and tips. Never feel judged. You're not alone, we are in this together.

Every 3rd Wednesday of each month.

10.00-12.00 Children welcome.

Free to attend. Refreshments included. Booking required. Email:

initttogether.tamworth@gmail.com

Tel: Emma 07368835556

THURSDAY

Teen Parenting Programme

Family Hub - Basin Lane

A 6 week programme for parents and carers of 11-17 years olds. We cover communication, home rules, safety, peer pressure and how to manage challenging situations.

9.00-11.30 **From April 2024**

Email: ehattanworth.gov.uk

Tel: 01827 782004

Home-Start Thursday Family Group

Sacred Heart Church Hall

Meet other families for support, music, craft and sensory play.

9.30-11.00 **TT**

Birth-Pre-School £1.50 per child **FPC**

call Amanda to book on 01827 62400

Messy Mini Movers

Family Hub - Leyfields

Opportunities for your Messy Movers to engage in their natural curiosity. Towel, wipes clean clothes will be needed! 10.00-11.00 Booking required

£5 per child & sibling discount **FPC**

Tel: Emily 07478229799



THURSDAY CONT

Wild Things

Family Hub - Glascote

Sensory story and song. Taste safe messy play and craft. Child-led, open-ended sensory activities, inspired by the seasons. Led by a qualified Early Years Teacher. Booking required

13.00-14.00 Babies to Pre-walkers

£37 5-week block **FPC £12**

£8 per session **FPC £3**

Tel: Jo 07478389308 or Email:

wildthingstamworth@hotmail.com

FRIDAY

Musical Babies & Toddlers

Family Hub - Glascote

Friendly, interactive class with lots of songs, raps and rhyme! Plus sensory play, bubbles, feathers, scarfs and parachute play. Outdoor and free play too, weather permitting! Booking required.

9.30-10.30 Ages birth-5yrs

11.00-12.00 & 12.30-13.30 Babies to pre-walkers

£5.00 per family **FPC**

Tel: Hilary 07546165595

Email: hilaryhokeycokey@yahoo.com



If you need to speak to a Health Visitor please call

CAFSPA on
0808 1780611

FRIDAY

KIDDIBOBS

Music Play Classes

Sacred Heart Church, Glascote

Bang our drum, play instruments and sing in our play-based learning class. Support your child's musicality, speech & social development. Led by Music Educators. Booking Required.

9.50 Babies - Pre-walkers class
10.40 Toddlers - Walkers - 2.5 yrs
11.35 Mixed age - 2.5—Pre-school
(baby siblings welcome)

SEND Music-Play Support Class

Family Hub - Glascote

Structured Music-Play classes specifically for families with children with SEND who would like a friendly, supportive and inclusive class that will support their children's learning needs. 14.00 All classes £6 block booking or £7 PAYG - Sibling discount **FPC** Babies under 3mths free when accompanying a paid sibling. Book via:

Rachel 07807551661 or
info@kiddibops.co.uk
<https://kiddibops.class4kids.co.uk/>

Love in our Hands - Baby Yoga

Family Hub - Leyfields

Parent and baby yoga inspired movement & sensory play. An extension of baby massage. Booking required.

10.00-11.00 Ages 8wks-1Yr old
£25.00 5 week course **FPC**

Natalie Wadlow 07782383663
Email: natalie.wadlow@yahoo.com

Baby Bounce and Rhyme

Tamworth Library

Rhymes and songs for parents, carers, with babies and children 0-3 years. Booking required.

11.00-11.30 Ages 0-3yrs FREE
Tel: 01827 782124

Email:

tamworth.library@staffordshire.gov.uk

FRIDAY CONT

Free Basic Paediatric First Aid

Workshop

Family Hub - Glascote

Interactive workshop to teach families the basic skills of First Aid. Covering choking, breathing difficulties, burns/scalds and minor cuts/bruises. Booking required.

Monthly Sessions, 11.30-13.30
Tel: 01827475222
Email: Carol.Page@southstaffs.ac.uk



NEST CIC—Nurtured Mama 4th Trimester Course

A self paced online course to include guided videos and resources for new mums. Topics include guided meditations for baby, gentle exercise, nourishment, connection, emotions and postnatal healing. Visit www.nest-cic.com for full details. In person ad-hoc dates listed online.

Tamworth District has a wealth of support for you and your family please visit Staffordshire Connects for more details.



FPC = Children's

Centre Free Pass Card
Accepted up to a value of

£5 per

participating session

TT = Term Time

Childcare

Choices

Keep your childcare support – check your details every 3 months:
gov.uk/childcareaccount



HM Government
Find out about childcare support at childcarechoices.gov.uk



THINK 2
Funded Early Learning Childcare Sessions
Funded sessions for 2 year olds.
Is your child eligible?
SCAN HERE

Staffordshire
County Council

SUPPORT FOR YOU AND YOUR FAMILY IN TAMWORTH

Healthy Start Vouchers

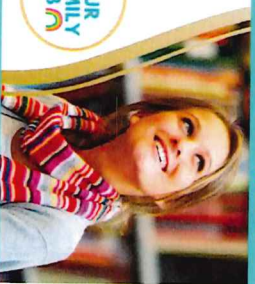
Are you pregnant or have children under four? You may qualify for the Healthy Start voucher scheme to help you buy food, milk and vitamins.



Check if you're eligible at healthystart.nhs.uk



Thinking of volunteering with Early Years in Children's Centres?



For more information please contact Kate
Email: kate.tomson-rayner@staffordshire.gov.uk
Call: 07971511684



FAMILY SUPPORT SERVICE BY MALACHI 1:1 FAMILY SUPPORT

Family support provides a range of therapeutic and practical support to families who are facing a range of challenges. They help families to create routines in the home and also support with strategies to manage child's behaviour in these ever changing times.

For more information contact Malachi on: 0121 4414556
tamworth@malachi.org.uk



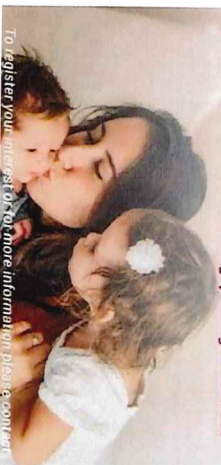
Do you have a child aged 0 - 4?

You are able to access free one to one support with specialist family mentors from Malachi.

What can you expect?

Up to three months of tailored support for you and your family

Strategies to understand and manage your children's behaviour
Guidance Advice Signposting to services



To register your interest or for more information please contact:

Feeding your baby's hungry little mind is easy...

Sign up to get emails packed with activities, support and reminders when your baby's health checks are due.

For parents of 0 to 2 year olds.

See the link to sign up and get emails your baby's hungry little mind



Hungry Little Minds Staffordshire and Stoke-on-Trent

FAMILY HUBS



We've created a hub for families in Staffordshire. To keep them happy, healthy and safe.

We can answer your questions and help you find support and share ideas.

We also have some fantastic projects to share with you from cooking with the family on a budget, being creative with craft activities to setting up some exciting play opportunities with our Community Crates Fun activities.



Click on the QR code to take you to our Family Hub page for more details.

DAD-ICATED

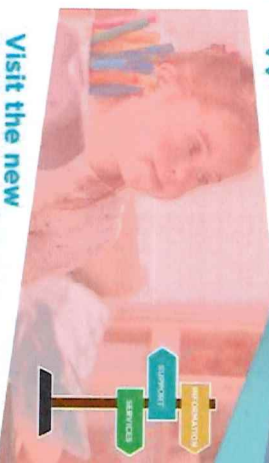
This is a private Facebook group for Dad's to come together and share experiences, gain advice and support.



'Help with Childcare costs' Childcare funding is changing, here's some advice from Staffordshire County Council to advise you



Connecting you with help and support in your community.



Visit the new Staffordshire SEND Local Offer (Special Educational Needs and Disability) www.staffordshireconnects.info

For children and young people aged 0-25 years
The best place to go to find information about SEND support in Staffordshire.

- Early years and childcare
- Education
- Social Care
- Health and Wellbeing
- Travel and transport
- Places to go, things to do
- Preparing for adulthood
- Money helpers
- Extra help available to children, families and settings
- Information and support including support groups and organisations
- Energy information, advice and help
- Employment, health and wellbeing



Email: localoffer@staffordshire.gov.uk

Visit Tamworth Pre-Loved Uniform Market on Facebook to donate, sell or ask for pre loved uniforms!

