

WINTER TERM 2024 V15

Tamworth DISTRICT

Leyfields &
Glascote
Children's Centre
Activities
Timetable for
children under 5
years



Leyfields Children's Centre
Masfield Drive, Tamworth,
B79 8JB
01827 68750

Glascote Children's Centre
Hawksworth, Tamworth,
B77 2ER
01827 475222

Please visit our
Facebook page
to find a full
description of
the sessions



'Tamworth Children's Centre'



SATURDAY

SEND Group In It Together: Stay & Play activity session

Glascote Children's Centre

Join us for fun for the whole family.
Activities inc: Lego, K'nex, Games,
Playdough, Sensory Play & more.
11.30-13.30 All age children welcome.
Free to attend. Refreshments included.
Booking required. Email:
initttogether.tamworth@gmail.com
Tel: Emma 07368835556
Once per month on a Saturday.
For dates see our website:
in-it-together.Weebly.com



MONDAY

Home-Start Family Group & Outdoor Fun!

Leyfields Children's Centre

Meet other families for support, music,
craft and sensory play.
9.30-11.00 **TT**
Birth-Pre-School £3.00 per child **FPC**
Tel: Amanda 01827 62400

Baby Massage

Glascote Children's Centre

Learn how to massage your baby in a
relaxed environment, communicating
love through nurturing touch.
Booking required.
10.00-11.00 Ages 0-1 yr old
£30.00 5 week course
FPC £5 per course
Tel: Natalie Wadlow 07782383663
Email: natalie.wadlow@yahoo.com



MONDAY CONT

Milk Fairies CIC Breastfeeding Support Group

Leyfields Children's Centre

Mums supporting Mums.
Are you pregnant or breastfeeding? If
so come and join us for information,
support and to meet other women who
understand your journey. Sessions are
run by qualified, experience
breastfeeding peer supporters who
have a wealth of knowledge and
access to further specialists if needed.
10.00-11.30
£2.00 per family **FPC** No Need to Book
Tel: Ellie Fielding 07598926785
Email: milkfairiescic@gmail.com

E&K Themed Play "Stay & Play"

St Peters Church, Glascote

Luxury themed soft play with a
different theme each week, as well as
our 15ft bouncy castle and a range of
ride on toys. To encourage physical
development, fine motor skills as well
as social interaction with other
children. Also, a chance for parents/
carers to meet new people
Booking required.
10.30-12.00 **TT** £5.00 per child **FPC**
Text: Kate 07557887581

FREE Pram to Primary

Glascote Children's Centre

Struggling with your child's behaviour,
mealtimes and bedtimes becoming a
challenge? If your child is aged
between 0-11 yrs then this class
could be for you. Booking required.
9.00-11.30 **TT** Free **FPC**
Email: groupwork@staffordshire.gov.uk

If you need to speak to a
Health Visitor please call
CAFSPA on
0808 1780611

MONDAY CONT

FREE Simply Play

Glascote Children's Centre

Fun activities, try new sensory ideas
and early language activities. **TT**
Booking required.
Birth-4yrs
Session start between 12.00-14.00
Free **FPC**
groupwork@staffordshire.gov.uk

TUESDAY

Mother & Baby Yoga

Glascote Children's Centre

A welcoming, relaxed class combining
massage and movement for baby and
Yoga for you. Incorporating songs,
sensory play and relaxation for a fun
and nourishing class.
10.00-11.00 Age 8 wks-crawling
£36.00 6 week course £6.00 weekly
FPC £6 per course Booking required.
Tel: Jemimah England 07704200702
Email:
movementwithmimah@outlook.com

Baby Massage

Leyfields Children's Centre

Learn how to massage your baby in a
relaxed environment, communicating
love through nurturing touch.
Booking required.
10.00-11.00 Ages 0-1 yr old
£30.00 5 week course
FPC £5 per course
Tel: Natalie Wadlow 07782383663



TUESDAY CONT

Home-Start Twins & Multiples Club

Glascote Children's Centre

Meet other multiple families for support, sensory, music, craft and outdoor play. Booking required.

10.00-11.30 **TT**

Birth-Pre-School £3.00 per child **FPC**

Tel: 01827 62400

Free Basic Paediatric First Aid Workshop

Leyfields Children's Centre

Interactive workshop to teach families the basic skills of First Aid. Covering choking, breathing difficulties, burns/scalds and minor cuts/bruises.

Booking required.

Monthly Sessions, 12.00-14.00

Tel: 01827 68750

Email: Carol.Page@southstaffs.ac.uk

Musical Babies & Toddlers

Glascote Children's Centre

Friendly, interactive class with lots of songs, raps and rhyme! Plus sensory play, bubbles, feathers, scarfs and parachute play. Outdoor and free play too!

Booking required.

12.40-13.40 Babies to pre-walkers

14.00-15.00 Ages birth-5yrs

£5.00 per family **FPC**

Tel: Hilary 07546165595

Email: hilaryhokeycokey@yahoo.com

WEDNESDAY

Hokey Cokey Club

Glascote Children's Centre

Friendly family group with lots of songs, messy, sensory, craft and outdoor play. Booking required.

9.30-10.45 & 11.30-12.45 Birth-5yrs

£5.00 per family **FPC**

Call or text Hilary on 07546165595

Email: hilaryhokeycokey@yahoo.com

Sing and Sign

Glascote Children's Centre

Learn the magic of baby signing in a friendly, fun and easy way. Sing and Sign uses music and sensory activities to encourage early communication.

Booking required.

12.45-13.30 Stage 1 - 6-15 months

£75 for 10 Weeks or **FPC £25**

13.45-14.30 Stage 1 - 6-15 months

£75 for 10 Weeks or **FPC £25**

14.45-15.15 Babes - under 6 months

£33 for 5 Weeks or **FPC £8**

Tel: Nadia 07449459712

Web: www.singandsignnadia.co.uk

Kiddibops Music Play Classes

Leyfields Children's Centre

Bang our drum, play instruments and sing in our play-based learning class. Support your child's musicality, speech & social development. Led by Music Educators. Booking Required.

12.30-13.10 Babies - Pre-walkers

13.20-14.00 Walkers - pre-school age

14.20 **SEND Music-Play Support**

Structured Music-Play classes specifically for families with children with SEND who would like a friendly, supportive and inclusive class that will support their children's learning needs.

All classes £6 block booking or

£7 PAYG - Sibling discount **FPC**

Babies under 3mths free when

accompanying a paid sibling.

Tel: Rachel 07807551661

Email: info@kiddibops.co.uk

<https://kiddibops.class4kids.co.uk/>

WEDNESDAY CONT

In It Together: Parent & Carer

SEND support group

Glascote Children's Centre

Join us for a cuppa and a chat. Make friends, share experiences and tips. Never feel judged. You're not alone, we are in this together.

Every 3rd Wednesday of each month.

10.00-12.00 Children welcome.

Free to attend. Refreshments included.

Booking required. Email:

initttogether.tamworth@gmail.com

Tel: Emma 07368835556

THURSDAY

Home-Start Thursday Family Group

Sacred Heart Church Hall

Meet other families for support, music, craft and sensory play.

9.30-11.00 **TT**

Birth-Pre-School £1.50 per child **FPC**

call Amanda to book on 01827 62400

Messy Mini Movers

Leyfields Children's Centre

Opportunities for your Messy Movers to engage in their natural curiosity. Towel, wipes clean clothes will be needed!

10.00-11.00 Booking required

£5 per child & sibling discount **FPC**

Tel: Emily 07478229799

Tea & Talk **COMING SOON**

Glascote Children's Centre

Starting 22 February

Join our friendly volunteer-led session which offers time for new parents to chat and enjoy relaxed play with their babies.

Birth-crawling.

Drop-in sessions - No need to book!

13.00-14.30

FRIDAY

Musical Babies & Toddlers

Glascote Children's Centre

Friendly, interactive class with lots of songs, raps and rhyme! Plus sensory play, bubbles, feathers, scarfs and parachute play. Outdoor and free play too, weather permitting!

Booking required.

9.30-10.30 Ages birth-5yrs

11.00-12.00 & 12.30-13.30 Babies to pre-walkers

£5.00 per family **FPC**

Tel: Hilary 07546165595

Email: hilaryhokeycokey@yahoo.com

Tea & Talk **COMING SOON**

Leyfields Children's Centre

Starting 23 February

Join our friendly volunteer-led session which offers time for new parents to chat and enjoy relaxed play with their babies.

Birth-crawling.

Drop-in sessions - No need to book!

13.00-14.30

INTRODUCTION TO AUTISM

A 4 week course to develop your understanding of autism and the principles of supporting individuals to live healthy and fulfilled lives.

Glascote Children's Centre

Start dates:

Friday 23 February 2024

Wednesday 24 April 2024

To Book Call: 01827 475222

**FPC = Children's
Centre Free Pass Card
Accepted up to a value of
£5 per
participating session
TT = Term Time**

FRIDAY

KIDDIBOPS

Music Play Classes

Sacred Heart Church, Glascote

Bang our drum, play instruments and sing in our play-based learning class. Support your child's musicality, speech & social development. Led by Music Educators. Booking Required.

9.50 Babies - Pre-walkers class

10.40 Toddlers - Walkers—2.5 yrs

11.35 Mixed age - 2.5—Pre-school

(baby siblings welcome)

SEND Music-Play Support Class

Glascote Children's Centre

Structured Music-Play classes specifically for families with children with SEND who would like a friendly, supportive and inclusive class that will support their children's learning needs. 14.00

All classes £6 block booking or £7 PAYG - Sibling discount **FPC**

Babies under 3mths free when accompanying a paid sibling.

Book via:

Rachel 07807551661 or

info@kiddibops.co.uk

<https://kiddibops.class4kids.co.uk/>

Love in our Hands - Baby Yoga

Leyfields Children's Centre

Parent and baby yoga inspired movement & sensory play. An extension of baby massage.

Booking required.

10.00-11.00 Ages 8wks-1yr old

£25.00 5 week course **FPC**

Natalie Wadlow 07782383663

Email: natalie.wadlow@yahoo.com

FRIDAY CONT

Baby Bounce and Rhyme

Tamworth Library

Rhymes and songs for parents, carers, with babies and children 0-3 years.

Booking required.

10.45-11.15 Ages 0-3yrs FREE

Tel: 01827 782124

Email:

tamworth.library@staffordshire.gov.uk

Free Basic Paediatric First Aid Workshop

Glascote Children's Centre

Interactive workshop to teach families the basic skills of First Aid. Covering choking, breathing difficulties, burns/scalds and minor cuts/bruises.

Booking required.

Monthly Sessions, 11.30-13.30

Tel: 01827475222

Email: Carol.Page@southstaffs.ac.uk

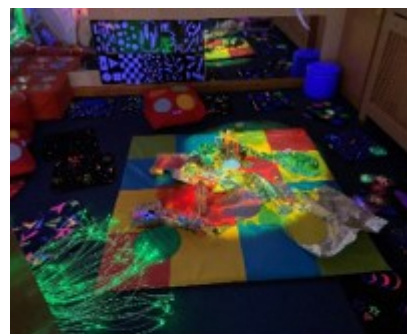


NEST CIC—Nurtured Mama 4th Trimester Course

A self paced online course to include guided videos and resources for new mums. Topics include guided meditations for baby, gentle exercise, nourishment, connection, emotions and postnatal healing.

Visit www.nest-cic.com for full details.

In person ad-hoc dates listed online.



Sensory Rooms Available
Leyfields Children's Centre
Glascote Children's Centre
£4.00 per hour – cash only
Max 6 people

Available 9am-4pm weekdays
Call Children's Centre to book

Tamworth District has a wealth of support for you and your family please visit Staffordshire Connects for more details.



HEALTH VISITOR DROP-IN CLINICS

Have your baby weighed and get advice from the Health Visitor team.

MONDAY

Leyfields Children's Centre

13:30 – 15:30

TUESDAY

Glascote Children's Centre

13:15 – 15:15

THURSDAY

Stonydelph Health Centre

9:30 – 11:30

FRIDAY

Wilnecote Health Centre

9:30 – 11:30

CAFSPA—0808 1780611

Childcare Choices

Keep your childcare support – check your details every 3 months:
gov.uk/childcareaccount



HM Government

Find out about childcare support at childcarechoices.gov.uk



THINK 2

Funded Early Learning Childcare Sessions

Funded sessions for 2 year olds.

Is your child eligible?



Staffordshire
County Council

SUPPORT FOR YOU AND YOUR FAMILY IN TAMWORTH

Healthy Start Vouchers

Are you pregnant or have children under four? You may qualify for the Healthy Start voucher scheme to help you buy food, milk and vitamins.



Thinking of volunteering with Early Years in Children's Centres?



For more information please contact Kate
Email: kate.tomson-rayner@staffordshire.gov.uk
Call: 07971951684

FAMILY SUPPORT SERVICE BY MALACHI 1:1 FAMILY SUPPORT

Family support provides a range of therapeutic and practical support to families who are facing a range of challenges. They help families to create routines in the home and also support with strategies to manage child's behaviour in these ever changing times.

For more information contact Malachi on: 0121 4414556
tamworth@malachi.org.uk



Malachi

Do you have a child aged 0 - 4?

You are able to access free one to one support with specialist family mentors from Malachi.

What can you expect?

Up to three months of tailored support for you and your family

Strategies to understand and manage your children's behaviour

Guidance Advice Signposting to services

To register your interest or for more information please contact

Feeding your baby's hungry little mind is easy...

Sign up to get emails packed with activities, support and reminders when your baby's health checks are due.

For parents of 0 to 2 year olds.

Scan the code to sign up and start feeding your baby's hungry little mind!



Hungry Little Minds Staffordshire and Stoke-on-Trent

FAMILY HUBS



We've created a hub for families in Staffordshire. To keep them happy, healthy and safe.

We can answer your questions and help you find support and share ideas.

We also have some fantastic projects to share with you from cooking with the family on a budget, being creative with craft activities to setting up some exciting play opportunities with our Community Crates Fun activities.

Family Hub Cooking!



www.staffordshire.gov.uk/familyhubs



Click on the QR code to take you to our Family Hub page for more details.

DAD-ICATED

This is a private Facebook group for Dad's to come together and share experiences, gain advice and support.



MPFT Families Health and Wellbeing Service

Tuesday	Friday
Dental Health - looking after your child's teeth (for parents/carers of new babies through to teens)	Moving on to solid food (for parents/carers of babies 3 months +)

Virtual Group Programme

To find out more and to book a place visit our dedicated bookings page: <https://tinyurl.com/2p85wcyh>

Free New sessions coming soon... check back on the bookings page

Facilitated by Health Visitors

or visit our website www.mpft.nhs.uk/services/health-visiting-and-school-nursing/staffordshire-clinics

Connecting you with help and support in your community.



Visit the new Staffordshire SEND Local Offer (Special Educational Needs and Disability) www.staffordshireconnects.info

For children and young people aged 0-25 years

The best place to go to find information about SEND support in Staffordshire.

- Early years and childcare
- Education
- Social Care
- Health and Wellness
- Travel and transport
- Places to go, things to do
- Preparing for adulthood
- Money Matters
- Extra Help available to children, families and settings
- Information and support including support groups and organisations
- Policy information, referral mechanisms, forms and templates

Email: localoffer@staffordshire.gov.uk



Visit Tamworth Pre-Loved Uniform Market on Facebook to donate, sell or ask for pre loved uniforms!

