



TWO RIVERS
HIGH SCHOOL

Two Rivers High School

Netball Knowledge and Skills Overview

	Autumn 2022-23		Spring 2022-23		Summer 2022-23	
Discoverers						
I can catch a ball						
I can throw a ball to staff and peers						
I can throw the ball in different ways- underarm, rolling, bounce pass						
I can shoot in an adapted goal						
I can take part in a small game						
I can follow some rules of netball- not moving with the ball.						
Year 7 & 8						
I can demonstrate how to catch a ball correctly.						
Students will be able to understand and explain how and why different passes are used.						
Students will begin to understand footwork and start to it in isolated practice.						
Students will understand how and why we use dodging in netball.						



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To understand basic rules required to participate in a competitive netball game.						
I will understand and begin to demonstrate a correct technique to shoot.						
I can explain the importance of rebounding.						
Year 9&10						
Students will demonstrate catching the ball correctly in a game.						
I can implement the different passes in a competitive game.						
Students will confidently demonstrate the 2 types of footwork.						
I can demonstrate dodging in a competitive game.						
I will explain and demonstrate a correct technique to shoot.						
I can demonstrate rebounding in a game.						
Students will begin to understand and apply the basic rules into a competitive game situation.						
Students will begin to develop teamwork and communication.						
Sixth Form						
Pupils understand how and why the 4 different types of passes are used in netball. Some can demonstrate all 4 different passes in a competitive game.						



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Students will be able to confidently use footwork in a game and understand why it was used.

Students will understand the roles and positions of each player.

