



TWO RIVERS
HIGH SCHOOL

Two Rivers High School

Pioneers Upper 3 & 4

Knowledge and Skills

	Autumn 2022-23	Spring 2022-23	Summer 2022-23
	Health and wellbeing- Emotional wellbeing	Relationships- Sexual health	Living in the wider world-Financial choices
I can demonstrate how to talk about emotions.			
I can find out about ways to manage debt.			
I can explain common types of mental ill health.			
I can understand the impact of sexually transmitted infections and how to minimise their transmission.			
I can discover how different form of saving work.			
I can understand how to rent accommodation.			
I can understand the moral responsibilities when seeking consent and the importance of respecting and protecting an individual;' right to give, not give or withdraw consent.			
I can understand the advantages and disadvantages of different methods of contraception, including protection from STIs.			



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I can use strategies for maintaining positive emotional wellbeing			
I can explain activities that can promote emotional wellbeing.			
I can understand tax and national insurance.			
I can understand how to access emergency contraception and the time frame within which it can be effective.			

	Autumn 2023-24	Spring 2023-24	Summer 2023-24
	Health and wellbeing-Alcohol	Relationships-Respectful relationships	Living in the wider world-Careers and your future
I can recognise how to manage emotions in different relationships.			
I have a knowledge and understanding of what alcohol is.			
I can identify the skills and attribute that employers look for in their employees.			
I can demonstrate an awareness of the career choices available locally and nationally.			
I can understand what makes for healthy or unhealthy relationships.			
I know the difference between social pressure and peer pressure in relation to alcohol. Identify strategies to avoid drinking alcohol if you do not want to.			



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I can understand what it means to be employable.			
I can understand the effects of drinking alcohol.			
I can explain the concept of consent in a variety of contexts.			
I can identify the signs of alcohol poisoning and know what to do.			
I can develop a life plan that identifies personal aspirations, attributes and skills: be able to set compelling goals.			
I can show how to develop healthy relationships in different contexts			

	Autumn 2024-25	Spring 2024-25	Summer 2024-25
	Health and wellbeing- Social Media	Relationships- Families and parenting	Living in the wider world-Living in Modern Britain
I can recognise extremism and radicalisation, including when someone is at risk of being radicalised.			
I can understand the options available in the event of an unplanned pregnancy.			
I can understand the consequences of posting online and the potential impact to reputation.			



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I can identify harmful behaviours online; understand how to report it and access support if you have been affected by those behaviours.			
I can recognise the roles and responsibilities of parenting.			
I can understand how media stereotypes or manipulated images adversely affect body image and self-esteem.			
I can understand why it is important for everyone to vote.			
I can understand why it is important to develop digital resilience.			
I can understand how social media can be used to distribute propaganda, coerce and manipulate.			
I can understand the impact that being a parent can have on your lifestyle.			