



TWO RIVERS  
HIGH SCHOOL

**Two Rivers High School**  
**Pioneers – The Duke of Edinburgh’s Award**  
**Knowledge and Skills**

	Autumn 2022-23		Spring 2022-23		Summer 2022-23	
BRONZE:						
1. The nature of maps	■					
2. The use of 1:25000 Explorer, 1:50000 land ranger maps	■	■	■		■	■
3. Map directions	■	■	■		■	■
4. Scale and distance, measuring distance, distance and time		■	■		■	■
5. Understanding conventional signs		■				
6. Understanding marginal information		■				
7. Understanding grid references	■					
8. A simple introduction to contours and gradients		■				
9. The ability to give a verbal description of a route linking two places from the map					■	■
10. Setting the map		■				
11. Locating position from the map					■	■
12. Determining geographical direction and direction of travel from the map					■	■
13. Checking the direction of paths using the set map					■	■
14. Identifying features in the countryside by using the map					■	■



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15. Locating features marked on the map in the countryside						
16. Planning a route, preparing a simple route card						
17. Following a planned route						
18. The care of the compass						
19. Direction from the compass in terms of N, W, S, E, NW, NE, SW, SE						
20. Setting the map by the compass						
21. Finding a direction						
22. Choosing suitable clothing, footwear and emergency equipment and knowing how to use it						
23. Choosing and caring for camping gear						
24. Packing a rucksack, waterproofing the contents, always keeping the weight down to a minimum, and about a quarter of the body weight when walking						
25. A rucksack safe lifting technique						
26. Choosing a campsite, arrangements for water, cooking and sanitation, refuse disposal, fire precautions						
27. Pitching and striking tents						
28. Cooking and use of stoves						
29. Safety procedures and precautions which must be observed when using stoves and handling fuels						
30. Cooking substantial meals under camp conditions						
31. Action in an emergency - resuscitation, airway, breathing and circulation						
32. Recognition and treatment of hypothermia and heatstroke						
33. The treatment of wounds and bleeding						
34. Treatment of shock						
35. The treatment of blisters, cuts, abrasions, minor burns						



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and scalds, headaches, insect bites, sunburn, splinters						
36. The recognition of more serious conditions such as sprains, strains, dislocations and broken limbs						
37. Knowing what to do in the case of an accident or emergency						
38. Summoning help - what people need to know, telephoning for help, written message						
39. Getting help, self-help and waiting for help to arrive, keeping safe and warm, helping people to find you						
40. Expedition fitness						
41. Telling people where you are going						
42. Identifying and avoiding hazards						
43. Keeping together						
44. Weather forecasts - knowing how, where and when to obtain weather forecasts, relating weather forecasts to observed conditions, looking for signs which will indicate changes in the weather						
45. Understanding the spirit and content of the countryside code						
46. The avoidance of noise and disturbance to rural communities						
47. A thorough knowledge of the content of the highway code						
48. Choosing an aim						
49. Developing observation skills and different methods of recording information						
50. Skills relevant to the method of presentation						
51. Researching relevant information						
52. To show effective team building skills over a period of time						
53. To complete a practise walk of the route and to camp						





Skills	Autumn 2023-24		Spring 2023-24		Summer 2023-24	
<b>SILVER:</b>						
1. To be able to complete all the Bronze Award skills						
2. Relating the map to the ground and estimating speed of travel and arrival times						
3. Measuring directions in degrees						
4. Setting the map by the compass where magnetic variation may be ignored						
5. Determining the direction of footpaths or direction of travel						
6. Magnetic variation and the relationship between true, magnetic and grid norths						
7. Travelling on a bearing, obtaining a grid bearing from the map, allowing for magnetic variation where appropriate						
8. The influence of ferrous objects and electromagnetic fields						
9. To complete a practise walk of the route and camp for 2 nights						
10. To complete the Silver award walk and camp for 2 nights						

