



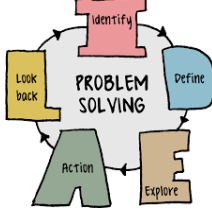











TWO RIVERS
HIGH SCHOOL

Two Rivers High School

Life Skills Overview













Discoverers: Galaxy, Everest- EQUALS Semi-Formal - My Independence

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2022-2023	My Play and Leisure 	My Dressing and Undressing 	My Problem Solving 	Mental Health and Well-being 	My Shopping 	My Travel Training 
2023-2024	My Play and Leisure 	People 	Healthy Eating 	My Cooking: Food Technology 	My Shopping 	My Travel Training 



Discoverers: Arctic – Adventurer EQUALS Moving On 14+




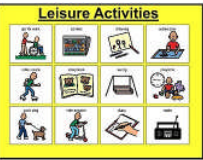




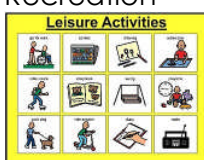
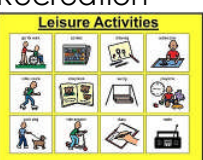


EQUALS Living Skills

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2022-2023	Adventurer Independent Living- Citizenship 	Adventurer Independent Living- Citizenship 	Adventurer Independent Living- Leisure and Recreation 	Adventurer Independent Living- Leisure and Recreation 	Adventurer Independent Living- Daily Living Skills 	Adventurer Independent Living- Daily Living Skills 
2023-2024	Explorer Independent Living- Citizenship 	Explorer Independent Living- Citizenship 	Explorer Independent Living- Leisure and Recreation 	Explorer Independent Living- Leisure and Recreation 	Explorer Independent Living- Daily Living Skills 	Explorer Independent Living- Daily Living Skills 



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Discoverers: Nova- EQUALS Explorer Moving On 14+

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2022-2023	Explorer Independent Living- Citizenship 	Explorer Independent Living- Citizenship 	Explorer Independent Living- Leisure and Recreation 	Explorer Independent Living- Leisure and Recreation 	Explorer Independent Living- Daily Living Skills  DAILY LIVING SKILLS	Explorer Independent Living- Daily Living Skills  DAILY LIVING SKILLS
2023-2024	Adventurer Independent Living- Citizenship 	Adventurer Independent Living- Citizenship 	Adventurer Independent Living- Leisure and Recreation 	Adventurer Independent Living- Leisure and Recreation 	Adventurer Independent Living- Daily Living Skills  DAILY LIVING SKILLS	Adventurer Independent Living- Daily Living Skills  DAILY LIVING SKILLS



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Explorers: AQA Unit Awards

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2022-2023	Using the Emergency Services 	Personal Safety and Travel Outside the Home 	Keeping a Clean and Tidy Home 	Living Independently 	Using Money 	Shopping Safely Online 
2023-2024	Digital Skills for Everyday Life 	Choice Making in Shopping 	Passport to Success: Independence 	Independence Skills/ Household Duties 	Substance Misuse Awareness 	Health and Safety at Home 



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Sixth Form: WJEC Independent Living

	Autumn 1	Autumn 2	Spring 1 & 2	Summer 1& 2
2022-2023	Maintaining Healthy Skin and Nails 	Maintaining Healthy Hair 	Health, Safety and Hygiene 	Food Preparation, Cooking and Serving 



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2023-2024

The Family



Myself in the Community



Introduction to Childcare

