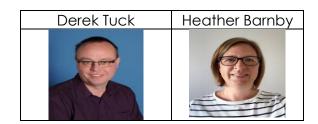
Safeguarding News:



November 2022

Safeguarding is everyone's responsibility. That is the mantra that we have at Two Rivers High School, and everyone has a good level of knowledge and understanding regarding this important topic. We keep the child in focus at all times.

The safeguarding team currently comprises of: Derek Tuck and Heather Barnby (Designated Safeguarding Leads, DSL), and Gail Brindley and Yvonne Edwards (Deputy DSL).



Within this newsletter, we would like to introduce our school nurse team and cover the topic of getting a good night's sleep.

The School Nurses

The School Nurse team at two Rivers High School comprises of Kerry Clover and Christine Caile. Two lovely ladies who are joined by others at various times to gain experience or provide additional support. Both nurses work alongside the school staff and professionals involved in the care of the students. Kerry and Christine also support at Two Rivers Primary too, so often know some of our students before they arrive at high school.

The team work 09:00-15:30, term time, and can be contacted via:

Kerry Mobile: 07811 487368 Email: Kerry.clover@mpft.nhs.uk

Christine Mobile: 07811 487377 Email: Christine.calie@mpft.nhs.uk

Should you have an enquiry during the holiday periods, please email: specialschools.staffs@mpft.nhs.uk

The continence nurse is Sarah Armstong Mobile: 07811 487432 Email: sarah.armstrong1@mpft.nhs.uk

The team can also be found on social media!



Facebook page: Staffordshire Special Needs School Nursing Te



Twitter page: Staffordshire SSN or Staffor88142107



Some of the support the school nurse team provide:

Doctor's Clinics

A community paediatrician clinic is held in school monthly. If your child is under the care of the community paediatricians, and you have a concern, please let Kerry or Christine know. If your child does not currently see a Paediatrician, but you have a concern relating to the child's health, please also contact the team so they can explore the concerns.

Year 9 Health Reviews

The team meet with all students in Year 9 during the year, to complete their Year 9 transition health review. This is to ensure all health needs continue to be met and to encourage your child to become actively involved in their health needs, where this is possible. If any needs are identified, a health action plan will be completed and sent home for review.

Medication

If your child requires medication in school, please know that the team can support with this but need the followina:

- 1. An up to date, signed consent form
- 2. The label on the prescription to match the consent form
- 3. The medication to be in date and for there to be sufficient stock

It is the responsibility of the parents/carers to ensure that all of the above is in place so that your child is safe and well in school. Any medication to be administered three times a day <u>will not</u> be given in school.

When the medication is brought into school, it must be brought in by the parent/carer/escort, and handed directly to reception.

Children and Young People's Autism Service

For any student with a diagnosis of Autism, who lives in Staffordshire, then access is available to the Autism Service. This is open access should they require any support. Support can be provided for: challenging behaviour, sensory needs, anxiety, and sleep. To book, please contact the team via cypautismservice@mpft.nhs.uk

If you wish to be added to the distribution list for a monthly service update, please email communications@mpft.nhs.uk with the subject 'Children and young People's Autism Service Update'.

The service can be accessed by calling 0300 303 0691, Monday to Friday, 9am-5pm (not Bank holidays) or by emailing cypautismservice@mpft.nhs.uk

Sleep

A good night's sleep is so important. It helps everyone by being in a better mood, being able to cope with the demands placed upon us and is proven to help learning. We hope the attached guidance document helps. If you are struggling with your child sleeping, please do get in touch with the safeguarding team, who will be able to offer support.