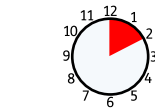


Create a yoghurt smoothie



Ten minutes




6 → 12
Six to twelve years




Ingredients

1

1  small banana, 1  ripe pear




2

200  ml apple juice

3

200  ml natural yoghurt

4

One teaspoon  vanilla extract, One tablespoon  runny  honey



Create a yoghurt smoothie



Utensils

1



Knife

2



Blender

3



Glasses

4



Peeler

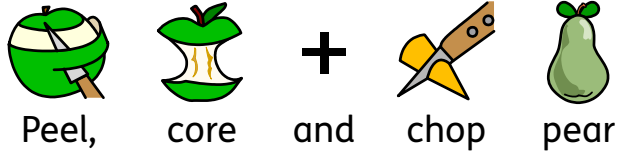


Create a yoghurt smoothie

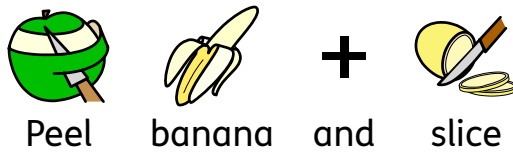


Recipe

1



2



3



4



5





Create a yoghurt smoothie



Safety



warnings

1



Supervise



young children

2



Sharp knives

3



Be careful with



blender