Families' Health and Wellbeing Service (0-19) **Midlands Partnership NHS Foundation Trust** A Keele University Teaching Trust

We now have a text messaging service for parents/carers of children aged 0-19 who live in Staffordshire.

Get advice from our Public Health nurses (Health Visitors and School Nurses).

TEXT: 07520 615722



Feeding and nutrition





Parenting advice and support

Emotional health and wellbeing



Behaviour difficulties









